



For people 4 and older with classic CAH

An Introduction to CRENESSITY

The only FDA-approved classic CAH treatment that's not a steroid

CRENESSITY improves androgen levels to allow for lower steroid doses.



Approved Uses:

CRENESSITY (crinecerfont) is a prescription medicine used together with glucocorticoids (steroids) to control androgen (testosterone-like hormone) levels in adults and children 4 years of age and older with classic congenital adrenal hyperplasia (CAH).

SELECT IMPORTANT SAFETY INFORMATION

Do not take CRENESSITY if you: Are allergic to crinecerfont, or any of the ingredients in CRENESSITY.

Please see additional Important Safety Information on [page 6](#) and [Patient Information](#).

Challenges of treating with high-dose steroids

Higher doses of steroids are one way to reduce symptoms of excess ACTH/androgens. However, those high steroid doses can come with short- and long-term health risks.

 Symptoms of excess ACTH/androgens may include:	 Risks of high-dose steroids may include:
• Early puberty • Short stature • Irregular periods • Infertility • Acne • Excessive hair growth • Mental health issues • Testicular and ovarian adrenal rest tumors (TARTs and OARTs)	• Obesity • Diabetes • Low bone density (osteoporosis) • Anxiety • Depression • Memory issues • High cholesterol • High blood pressure • Heart disease

ACTH=adrenocorticotrophic hormone.

The **constant compromise** between reducing excess androgens and their symptoms and reducing high-dose steroids and related risks makes treating CAH with steroids alone a difficult challenge.



CRENESSITY is not a steroid and offers a different way to lower androgens. Read through the brochure to learn more.

SELECT IMPORTANT SAFETY INFORMATION

CRENESSITY may cause serious side effects, including:

Allergic reactions. Symptoms of an allergic reaction include tightness of the throat, trouble breathing or swallowing, swelling of the lips, tongue, or face, and rash. If you have an allergic reaction to CRENESSITY, get emergency medical help right away and stop taking CRENESSITY.

Please see additional Important Safety Information on [page 6](#) and [Patient Information](#).

CRENESSITY safety profile

CRENESSITY has a demonstrated safety profile in clinical studies of children and adults.



The most common side effects of CRENESSITY in children were **headache, stomach pain, tiredness, nasal congestion, and nosebleeds.**

The most common side effects of CRENESSITY in adults were **tiredness, headache, dizziness, joint pain, back pain, decreased appetite, and muscle pain.**



Most side effects were **temporary** and **mild to moderate** in severity.*



There were **no serious side effects** related to treatment.

Adrenal insufficiency and crisis are risks of living with CAH that CRENESSITY does not address and can occur when your steroid dose is too low.



No children in the CAHtalyst™ Pediatric clinical study experienced adrenal crisis. In the CAHtalyst™ Adult clinical study, two patients taking CRENESSITY experienced adrenal crisis. No patients on placebo experienced adrenal crisis; however, one did experience adrenal insufficiency.

Please talk to your doctor about how to manage your steroid dosing while taking CRENESSITY.

Acute adrenal crisis can occur in patients with underlying insufficiency, especially in situations associated with increased cortisol need, such as acute illness, serious trauma, or surgical procedures.

*A total of 3% of children treated with CRENESSITY and no placebo-treated patients discontinued treatment because of adverse reactions of abdominal pain, myalgia, and dizziness.

A total of 3% of adults treated with CRENESSITY and no placebo-treated patients discontinued treatment because of adverse reactions of restlessness, apathy, dyspepsia, nausea, and vomiting.

Taking CRENESSITY



CRENESSITY comes in capsule form.



An oral solution (liquid) is available for children.



CRENESSITY is taken twice daily with morning and evening meals. Ask your doctor if steroid doses can be timed with CRENESSITY doses.

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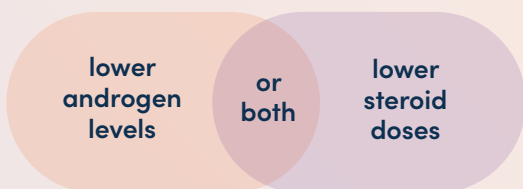
Risk of Sudden Adrenal Insufficiency or Adrenal Crisis with Too Little Glucocorticoid (Steroid) Medicine.

Sudden adrenal insufficiency or adrenal crisis can happen in people with congenital adrenal hyperplasia who are not taking enough glucocorticoid (steroid) medicine. You should continue taking your glucocorticoid (steroid) medicine during treatment with CRENESSITY (continued on the next page).

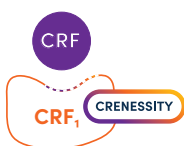
Please see additional Important Safety Information on [page 6](#) and [Patient Information](#).

Why consider CRENESSITY

CRENESSITY was tested in two clinical studies that looked at important goals of CAH management for children and adults. They tested whether CRENESSITY could:



CRENESSITY reduces androgens in a different way than steroids by directly targeting CRF₁



CRENESSITY blocks a hormone called CRF from binding to the CRF₁ receptor. This reduces ACTH release.

ACTH is the signal to the adrenal glands. So less ACTH means that the adrenal glands make less androgens.



CRENESSITY's innovative approach to suppressing ACTH and androgens allows for lower steroid doses.

Now, you can use:

- **CRENESSITY to manage androgens**
- **Steroids in lower amounts, primarily to replace cortisol**

CRF=corticotropin-releasing factor; CRF₁=corticotropin-releasing factor type 1.

SELECT IMPORTANT SAFETY INFORMATION

Risk of Sudden Adrenal Insufficiency or Adrenal Crisis with Too Little Glucocorticoid (Steroid) Medicine (continued). Certain conditions such as infection, severe injury, or shock may increase your risk for sudden adrenal insufficiency or adrenal crisis. Tell your healthcare provider if you get a severe injury, infection, illness, or have planned surgery during treatment. Your healthcare provider may need to change your dose of glucocorticoid (steroid) medicine.

Please see additional Important Safety Information on [page 6](#) and [Patient Information](#).



One-on-one, personalized support throughout your journey with CRENESSITY

Your Care Coordinator



With Neurocrine Access Support, you have a designated partner just a phone call away. Whether you have a question for the pharmacy or need help dealing with insurance, your team is ready to jump in.

Financial Support Options



Neurocrine Access Support can help ease the cost of CRENESSITY in a variety of ways. Most patients will pay \$10 or less, and our QuickStart Program can help provide 30 days of free CRENESSITY if there are insurance coverage delays.*

*Additional terms & conditions apply.

Visit
[NBlaccess.com/cft-pt](https://nblaccess.com/cft-pt)
or contact Neurocrine
Access Support at
[1-855-CRNSITY \(276-7489\)](tel:1-855-CRNSITY)
for more information about
how we can help.

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Risk of Sudden Adrenal Insufficiency or Adrenal Crisis with Too Little Glucocorticoid (Steroid) Medicine. Sudden adrenal insufficiency or adrenal crisis can happen in people with congenital adrenal hyperplasia who are not taking enough glucocorticoid (steroid) medicine. You should continue taking your glucocorticoid (steroid) medicine during treatment with CRENESSITY. Certain conditions such as infection, severe injury, or shock may increase your risk for sudden adrenal insufficiency or adrenal crisis. Tell your healthcare provider if you get a severe injury, infection, illness, or have planned surgery during treatment. Your healthcare provider may need to change your dose of glucocorticoid (steroid) medicine.

Before taking CRENESSITY, tell your healthcare provider about all of your medical conditions including if you: are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

The most common side effects of CRENESSITY in adults include tiredness, headache, dizziness, joint pain, back pain, decreased appetite, and muscle pain.

The most common side effects of CRENESSITY in children include headache, stomach pain, tiredness, nasal congestion, and nosebleeds.

These are not all the possible side effects of CRENESSITY. Call your healthcare provider for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

Dosage Forms and Strengths: CRENESSITY is available in 50 mg and 100 mg capsules, and as an oral solution of 50 mg/mL.

Please see full [Prescribing Information](#).

Visit www.CRENESSITY.com
to learn more today

There are videos and resources available for you.